

REAL Conflict Coaching: Systems, stories and solutions

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This advanced one-day workshop offers creative and practical tools for conflict coaches and mediators. It builds on the REAL Conflict Coaching fundamentals program and assumes basic conflict intervention knowledge.

Systems, Stories and Solutions develops the narrative thread of the REAL Conflict Coaching model and introduces systemic thinking tools into the coaching process.

Throughout the day you will explore the power of storytelling as a vehicle for linking the intrinsic human motivation of your clients with the external social and organisational systems in which they live and work. Working with systems and stories helps clients shift gear and move towards sustainable solutions.

The workshop will be interactive. Through a series of activities, you will have the opportunity to try out intervention and support tools from the REAL collection and reflect on your own practice.

At the end of the workshop, you'll walk away with:

- A new way of thinking about people and problems;
- The ability to introduce stories and systems to what you are already doing in your practice;
- Practical tools to help you apply systemic thinking to your next coaching or mediation session.

While *Systems, Stories and Solutions* focuses on coaching settings, it offers skills applicable to conflict intervention generally.